

HERPES ZOSTER or SHINGLES is a painful skin rash which is caused by the same virus that causes chickenpox (Varicella Zoster virus). If you ever had chickenpox, you are at risk of developing shingles.

The chickenpox virus can remain dormant in your body and may reappear as shingles several years later. Shingles usually starts with pain, itching or tingling of the skin that later develops into an irritating and painful skin rash often with blisters.

It is estimated, that each year more than 220,000 Australians over the age of 50 years are diagnosed with shingles.

Shingles occurs most commonly in persons more than 50 years old, and the chance of developing shingles increases with age.

The most common complication of shingles is post-herpetic neuralgia (PHN), which is pain that persists for several months in the area of the shingles outbreak after the rash has healed.

This research study will investigate a vaccine that may help protect you against shingles.

Close-up view of blister type rash



ASK YOUR DOCTOR ABOUT THIS INVESTIGATIONAL VACCINE THAT MAY HELP PREVENT SHINGLES IN OLDER ADULTS.

FOR ADDITIONAL INFORMATION, PLEASE CONTACT:

Woolcock Institute of Medical Research
Clinical Research Operations Group
431 Glebe Point Rd
GLEBE NSW 2037
Phone 02 9114 0450 or 02 9114 0444
volunteers@woolcock.org.au



**ARE YOU
70 YEARS OF AGE
OR OLDER?**

**INVESTIGATIONAL STUDY
FOR A SHINGLES VACCINE**

EACH YEAR, AN ESTIMATED 220,000 AUSTRALIANS, OVER THE AGE OF 50, ARE DIAGNOSED WITH SHINGLES

YOU MAY BE ELIGIBLE FOR THIS STUDY IF YOU



- are a healthy adult, age 70 years or older,

- **and** have never been vaccinated against chickenpox or shingles,

- **and** have never had shingles

QUALIFIED PARTICIPANTS WILL RECEIVE:

- monitoring by a qualified healthcare professional
- reimbursement for travel related expenses

IF YOU AGREE TO PARTICIPATE IN THIS STUDY:

There will be 6 **visits** to the study site. You will receive a total of two (2) vaccinations on two (2) separate occasions during the study.

VISIT 1

You will provide blood samples for testing.

Then you will receive the first dose of the study vaccine or placebo.

VISIT 2

This visit will occur approximately two months after Visit 1.

Then you will receive the second dose of the study vaccine or placebo.

VISIT 3

This visit will occur approximately one month after Visit 2.

You will provide final blood samples for testing.

VISIT 4

This visit will occur approximately 11 months after Visit 3.

You will be asked to provide any new information related to your health since Visit 3.

VISIT 5

This visit will occur approximately 12 months after Visit 4.

You will be asked to provide any new information related to your health since Visit 4.

VISIT 6

This visit will occur approximately 12 months after Visit 5.

You will be asked to provide any new information related to your health since Visit 5.

FOLLOW UP TELEPHONE CONTACTS

During the months when there are no office visits, you will be contacted by telephone and asked a few questions related to any possible changes to your health.

